

TRAVEL

Before travelling abroad identify the nearest haemophilia treatment centre at your destination.



Gate A1



Departures



Talk to your Haemophilia Treatment Centre and the Irish Haemophilia Society before travelling for information and advice.

Travel insurance should be checked well in advance of departure as it can be difficult to obtain for a person with haemophilia. Full disclosure is required and there will be some loading on your premium. However, this should not be a significant amount.

You will require a letter from your Haemophilia Treatment Centre for airport security/customs. The letter should be on headed paper and confirm that you are carrying treatment, needles, syringes etc, as well as relevant information on any metal implants (such as knees or hips) that may set off the security scanners. The letter should not be more than six months old and should be updated as necessary. This letter should be signed by a consultant doctor. To allow for some delays you should pass through security as early as possible.

Always carry your own treatment including syringes, needles etc. in your hand luggage (preferably in a small cooler bag). When packing factor, you should bring your regular dose for the duration of your trip plus sufficient factor for at least one extra 100% rise.

It may be useful to pack one medication information insert and one box cover. In the event that you cannot treat yourself, or if there is a language barrier, this would be useful for the treating doctor.

If you are planning a long haul flight it may be useful to take some treatment before you leave.

6 months

How often you should update the letter required from the NCHCD for carrying your treatment abroad.

USEFUL SITES:

www.haemophilia.ie

www.wfh.org

www.ehic.ie

The Irish Haemophilia Society

Tel: 01 657 9900

Web: www.haemophilia.ie

Email: info@haemophilia.ie