



TRAVELLING OR STUDYING ABROAD?

What you need to know...



If you are relocating or studying abroad there is a lot to consider before you travel. Each country has their own rules and regulations that you must follow to ensure you receive equivalent healthcare to what you receive here in Ireland.

Most countries cover emergency/urgent healthcare that is required while a person is visiting, in accordance with your health/travel insurance. However, this usually does not extend to regular haemophilia treatment and does not cover prophylaxis nor regular on demand therapy.

How do you plan your trip to ensure you will receive the equivalent healthcare?



1

Call the I.H.S.

Call us as soon as possible. We will help you with all of the stages and help with any queries.

2

Call Your Treatment Centre

They will advise you on how much factor you will need to bring. It is important to request a letter from your treatment centre which gives details of your treatment.

3

Find the nearest treatment centre

For Europe see - <http://www.euhanet.org/centrelocator/>

For the rest of the world see -

<https://www.wfh.org/en/resources-education/treatment-centre-directory>

4

Apply for the correct VISA

To find out what VISA you need and how to apply see:

<https://www.dfa.ie/travel/visas/visas-for-irish-people-going-abroad/>



5

Get adequate health insurance

A company that does provide insurance cover for pre-existing medical conditions including haemophilia is a company called Blue Insurance. They can be contacted by:

Ph. 0818 444 449 or at www.blueinsurance.ie



6

Pack essential items

If you are carrying treatments and medications it is very important to ensure that you have a **travel letter** from your haemophilia treatment centre for customs. You should also carry your **haemophilia card** which was issued from your haemophilia treatment centre.

For travelling within Europe, you should have an **EHIC card** (European Health Insurance Card). This entitles you to necessary healthcare in the public system of any EU/EEA member state.